

PROGRAMME OUTCOMES

Physical Education is a very wide subject in which biological, psychological, physical, health and functional aspects of sports and body are studied. It is noteworthy that it is such a subject with the help of which human body both internally and externally can be kept healthy. Students will definitely be able to discharge duties towards themselves and society through this subject. Under this subject, the students can demonstrate excellently their skills and perfection particularly in sports ability, management, leadership, health plan, event management, sports budgeting, physiology, teaching methods, sports psychology and research along with getting information regarding to the importance of Physical Education for DIVYANG.

Course	Semester	Course Title	Course outcome
U.G.	1 st	Elements of Physical Education	The physical education is very wide concept and this subject teaches about introduction and Sociological concept of Physical Education and this also teaches about historical development of physical education in India and other countries. Its introduce a general concept of good health and wellness. This program will also help a student to promote healthy way of living and they will also be able to make fitness and health plan.
U.G.	2 nd	Sports organization and Management	This course is designed to give real time exposure to students in the area of organizing an event/ sports. The students will also learn about store management, purchasing and budget making.
U.G.	3 rd	Anatomy and Exercise Physiology	Students can be able to understand human structure and function as well as effects of exercise on various human body systems.
U.G.	4 th	Sports Psychology And Recreational Activities	Students can be able to understand various aspects of psychology apply to sports person and how to organize sports and recreational activities.

Course	Semester	Paper	Course Title	Course outcome
U.G.	5 th	Paper-1	Athletic Injuries and Rehabilitation	Students can be able to understand Athletic Injuries and Athletic Care and Rehabilitation.
U.G.	5 th	Paper-2	Kinesiology and Biomechanics in Sports	Students can be able to understand various aspects of Kinesiology and Biomechanics in Sports and able to apply in sports activities.
U.G.	6 th	Paper-1	Research methods	Students can be able to understand Research methods in Sports and Physical Education.
U.G.	6 th	Paper-2	Physical education for DIVYANG	This subject will help the students to understand the needs of the disabled (DIVYANG) people and make them ready to tackle any situation which comes in front of them while dealing disabled people. This subject can also teach Inclusion in sports for adapted people.